



Advanced Driving Skills for Courier Drivers

When your couriers are on the road, nothing is more important than their safety.

Driver training in a safe learning environment gives your people the chance to improve their skills under the guidance of experienced instructors.





WOULD YOU LIKE TO:

- ✓ reduce driver incidents?
- ✓ improve the safety of your employees?
- ✓ enhance the efficiency of your business?
- ✓ save money on your repair and insurance costs?

WE CAN HELP

At Advanced Defensive & 4WD Centre Australia, our courses cater to the needs of courier drivers and the businesses that employ them. We offer driving courses for light vehicles ranging from pre-employment driving evaluations and road-rule refresher courses, to full-day defensive driver courses.

Advanced Driving Skills for Courier Drivers

INDUSTRY-LEADING INSTRUCTORS

Our driving instructors are equipped with the knowledge, skills and experience to help people achieve the best results from their driving.

With more than 15 years' experience in the driving training industry, our training coordinator and lead instructor Michael Duell is qualified to deliver light vehicle, Four Wheel Drive and heavy vehicle accredited courses.

Michael along with Stephen Clarke (light and heavy vehicle instructor) have each independently owned and operated driving schools and worked as driving examiners for the Department of Transport and Main Roads.

FULL INSURANCE COVER

Our trainers have Work Cover insurance, Professional Indemnity Insurance to the value of \$2,000,000, and General and Products Liability Insurance to the value of \$20,000,000.

PERSONALISED DRIVER TRAINING FOR YOUR COURIERS

Select from our comprehensive range of courses designed to cater to the needs of courier companies and their employees. We'll design the course that best suits your needs and deliver it in a flexible and friendly way.

WHO IS THIS FOR?

- Courier companies
- Delivery companies
- Pathology labs
- And anyone else who has to deal with the stress of traffic and difficult conditions while making deliveries



COURSES

DEFENSIVE DRIVING COURSE

In an emergency situation, the average driver reacts impulsively, rather than thoughtfully and knowledgeably. This course provides training in skills we may need to use on-road, but cannot teach on-road, such as emergency braking techniques, skid recognition, control and prevention, wet surface driving, etc.

- ✓ Full day
- ✓ Maximum 14 people
- ✓ Theory and practical
- ✓ Conducted at Mount Cotton Driver Training Complex (terms and conditions apply for hiring of this facility).
- ✓ From \$310 per person (participants to supply own vehicle)
- ✓ Morning tea and lunch supplied

Theory

Emphasis during delivery is on student participation, relating the theory to actual experiences of the participants, supported by use of whiteboard, OHTs, videos and power point presentation.

- behaviour and attitude; vision skills; blind spots; factors affecting cornering; system of vehicle control; driving conditions; tyres; distractions; risk management; hazard identification; fatigue; residual alcohol; safety features of modern vehicles; road rules.

Practical

- Seating and posture; basic vehicle maintenance check; stopping and following distance demonstrations; Anti-skid exercises in dry and wet conditions; regaining control; vehicle dynamics exercise; aquaplaning; slow speed manoeuvring.

ROAD RULES REVISION

- ✓ 3 hours
- ✓ theory only
- ✓ conducted at client premises (classrooms can be hired at additional cost)
- ✓ includes Hazard Perception Test (see below)
- ✓ road rules questionnaire (which is marked by participants as a learning tool to help them understand the correct answers)
- ✓ Cost: \$210

Theory

- driving conditions; tyres; distractions; risk management; hazard identification; fatigue; residual alcohol; safety features of modern vehicles; and road rules, including intersections, road markings, lane-dividing lines, painted islands, traffic driving and merging and stopping and following distances.

HAZARD PERCEPTION TEST

In this course, we discuss driving scenarios followed by an interactive PowerPoint presentation with questions for participants.

PRE-EMPLOYMENT DRIVING EVALUATION

- ✓ 1 hour & 15 mins
- ✓ Theory and practical
- ✓ Conducted at client premises or at an agreed location
- ✓ Own vehicle unless otherwise pre-arranged at additional cost
- ✓ Cost: \$87.50

Theory

- 30 general knowledge questions including signs, signals, markings, indicating; and 10 'give way' questions

Practical

- pre-drive check of vehicle, moving off, turns, hill starts, road-sharing, various intersections including roundabouts, reversing and basic manoeuvres including U-turns and three-point turns.



ADVANCED DRIVING SKILLS FOR COURIER DRIVERS

TESTIMONIALS

"Sullivan Nicolaides has been using AD4WD to deliver advanced driving skills courses to our courier drivers since 2012. In that time our drivers' at-fault accident rate has dropped by 20% and our drivers' not-at-fault rate has dropped as well. This means we are now keeping our drivers safer, as well as saving the company significant time and money. We also use AD4WD for pre-employment evaluations to ensure we employ people who are safe, considerate and confident drivers too. We are delighted with the professional service that Michael Duell and his team provide and highly recommend them to anyone who can see the benefits that advanced driving skills can provide to their valued team members and the company as a whole."

**-Claire Brenton, Courier Assistant Manager
Sullivan Nicolaides**

"...feedback from our (Safety and Emergency Training) clients has confirmed that they enjoyed Michael's (AD4WD) training, have found his knowledge to be current and extensive, and have benefited hugely from his years of experience in the transport industry..."

**-Carmela Richards
Safety & Emergency Training**

"We engaged AD4WD to deliver driving courses to our library staff on how to handle the library vans to reduce damage to the vehicles. The training was done at our council depot and since the training, the vehicle damage rate has been almost nil with no dents or scrapes. Michael was able to cater the training to suit our needs and deliver it in a professional and friendly way."

**-Steven Clark, Plant Hire Co-ordinator of Plant Fleet
Services Branch
Logan City Council**

GET IN TOUCH

We'd love to work with you to help your company reduce driver incidents, improve the safety of your employees, enhance the efficiency of your business, and save you money on repair and insurance costs.



Tel: 0410 637 746

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